

MINGLE: “Generating Social and Human Capital for Third-Country Nationals”

FINAL CONFERENCE

Tuesday, 15 December 2020, 10.00-14.00 CET

“Best Practices in Third-Country Nationals’ Integration”

My MINGLE Experience

Partner Organisation: DOCUMENTA

Presenter: ANA SANTAMARÍA VÁZQUEZ



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My experience as a trainer: Workshops on Intercultural Skills

- Workshops to contribute to the improvement of intercultural, social and civic competence.
- We included topics about the functioning of political institutions at different levels (European, state, regional and local), the cultural and artistic heritage of Cantabria and the social resources in the city of Santander.



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My experience as a guide: Visits included in the workshops on Intercultural skills



**Museum of
Prehistory and
Archeology of
Cantabria**



**The town
of
Santillana
del Mar**



Parliament of Cantabria

**Gabino
Teira
Library**



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My experience as a facilitator: Mingling Experiences

- I participated in the facilitator workshop: we had great ideas like the Mingle Point
- I have been a facilitator of a large number of Mingling Experiences
- I have participated fully in the development of the Mingle Point



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My best Mingling Experiences



Escape game about Sustainable Development Goals



Musical workshop: Drum Circle



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My experience as a mentor

- I have done mentoring sessions for about 50 TCNs
- I got to know their needs, interests, realities and circumstances
- Main achievements of the Mentoring: TCNs that started Spanish courses, participation in socio-labor insertion projects of other organisations (Red Cross, Cáritas, etc.), volunteering, knowledge of educational opportunities (enrolled in various courses), participation in activities to improve their integration.



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Mentoring Sessions



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Thanks for your attention



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